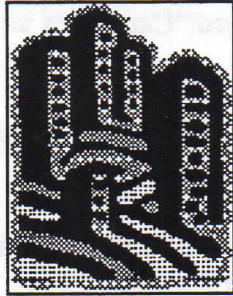


**Urban Agriculture Research in
Latin America: Record,
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by
Julio Prudencio Bohrt
UNITAS, La Paz, Bolivia
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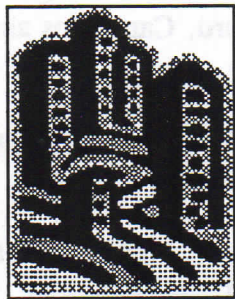


**Cities Feeding People Series
Report 7**

The International Development Research Centre
Le Centre de recherches pour le développement international
El Centro Internacional de Investigaciones para el Desarrollo

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URBAN AGRICULTURE RESEARCH IN Latin America: RECORD, CAPACITIES AND OPPORTUNITIES

1. REGIONAL RESEARCH RECORD

1.1. Overall diagnosis

A review of existing bibliography on UA experiences in Latin America shows that:

- (a) The most researched, tested with and widespread production system in Latin American cities is the family, school or community/group vegetable garden. Vegetable gardens can consist of greenhouses, microclimatic tunnels (organic beds) and open-air plots (solar gardens).
- (b) Main produce grown are: vegetables (tomatoes, squash, broad beans, lettuce, onions, radishes, etc.); forest production (for reforestation and ornamental purposes) including flowers and medicinal plants; and some fruits¹, although to a lesser degree.
- (c) The second fairly well developed activity is the breeding/raising of small livestock (pigs, chickens, hens, rabbits, etc.), fed with vegetal production residues and mainly carried out by family units.
- (d) Most family vegetable gardens are for self-consumption. Although output is not large, it affords diversification and a supplement to the basic diet. One aim is also to increase family income and create employment. Vacant urban lands are put to use, transportation costs are reduced, food quality are improved, and energy/caloric supply are increased.

Communal vegetable gardens are attempting to grow products for marketing and generate income for the organization and its family members. They are faced with a series of difficulties: high production costs, lack of resources to gain access to markets (transportation, storage, refrigeration, etc.); poor management, low productivity (due to soil exhaustion, lack of water and seed), scarce technical counselling.

The main objective of the school vegetable gardens is to supplement the diet of school children, complemented by education and training in farming activities and practices.

Most beneficiaries of urban agriculture are low-income families living in suburban or marginal city areas. As a rule, practitioners do not have permanent employment, nor agricultural ability or knowledge. Women are the main garden workers and beneficiaries followed by other family members (spouses, older daughters, grandmothers), school children (between 6 and 12 years old) and teachers. People practising this activity tend to be migrants from old urban settlements, as opposed to recent migrants from rural areas. The latter feel this is a typical agrarian activity, and they wish to adopt city ways and activities which supposedly improve their cultural status. Most vegetable gardens worked by low-income beneficiaries do not benefit from adequate technical guidance or orientation. There is no sewage treatment nor use of excreta as fertilizer. There is no production of biogas (from wastes) nor residual processing, or any type of efficient complement with other activities.

There is a scarce technological adaptation emanating from a few European NGOs; traditional technology is used in many of the vegetable gardens.

The situation for urban farmers with more resources and knowledge is somewhat different, as these have more resources; they work with improved seeds, drip irrigation, use fertilizers and pesticides, in addition to having more suitable lands and other advantages.

The support received by urban vegetable gardening systems in the majority of Latin American cities where it is practised can be summarized as follows:

- Nongovernmental organizations (NGOs) usually are the main promoters of these activities, they support the construction and spread of family and community vegetable gardens, implement technical and educational training workshops (in conjunction with other specialized government agencies), and support training in administration (although with many weaknesses) and accounting.
- NGOs also promote reforestation and vegetable production through the distribution of donated food (CARITAS - Adventist Churches, etc.) with little support for marketing, conservation and product distribution.

- International cooperation agencies (UNICEF - Technical Cooperation with Governments, PNUD, etc.) also finance NGOs' urban agricultural projects, although rarely offer the support of technical specialists in the field or promote research (use of organic wastes, water recycling, etc.). Some agencies finance urban and rural reforestation programs for erosion control.
- National governments offer very little support. In some countries, specialized organisms cooperate in agricultural technical training (Argentina), or in a better utilization of water resources (Chile). In others, support is limited to health and education campaigns in supplementary nutrition, using products from the schools' vegetable gardens.
- Regional autonomous governments (such as municipalities or prefectures) collaborate the most in agricultural activities taking place within the informal economy. In general, they undertake campaigns for the collection of seeds and native seedlings used in afforestation programmes of desertic urban areas and for public ornamental purposes (parks, squares, etc.). They also finance programmes for the purchase of forest trees, flowers, etc. although in a limited way.
- The rest of public and private institutions do not exert a major impact upon urban agriculture, although there are a few exceptions as in the case of Brazil's electricity utilities.

1.2. Some experiences contributing to urban agriculture

There are a few experiences relating to urban agriculture which must be mentioned, both for their contribution towards improving agricultural systems and for the overall successes achieved. Some of the experiences occurring in the Latin American countries are being disseminated; these experiences refer to the relationship between urban agriculture and solid and liquid residues recycling, biogas production treatment, reclaiming of fertile lands and other facets.

- a) For instance, we have the case of the PROGRESAR Cooperative in Colombia which is implementing a garbage collection programme through a cleaning and garbage collection contract in urban developments in exchange for the exclusive rights to the waste, or the recollection of refuse in hospitals in exchange for free health services to pregnant women (members of the programme) and newly born children. PROGRESAR

also has contracts with large companies which buy these materials (glass, cardboard, etc.) for recycling.

b) A very important experience with hydroponics production in Colombia should be underscored, which at the present time is not well known throughout Latin America (although this is not the case in Central America). It is based on low capital input and is labour-intensive (contrary to what has been achieved in Europe, the U.S. and other countries where hydroponics is practised); it is also based on the reduction of production costs, minimal land requirement, and the absence of problems with contaminated water.

c) In Peru, CIPUR (Research and Urban and Rural Projects Centre) has created solid waste domiciliary collection projects in those human settlements which are in a critical situation.

Many peripheral urban areas are affected by adverse geographical conditions (sand pits with high inclination gradient or slope and narrow streets) which render completely ineffective the use of conventional domestic solid waste collection methods. Therefore, a micro-enterprise system was created (groups of approximately twenty workers, associated as a legally constituted business enterprise with limited liability) offering services with wheelbarrows, brooms, rakes, sound devices, and proper attire. Two workers collect and transport the refuse to so-called *collection centres* from where it is subsequently carried to sanitary landfill sites.

Whereas the CIPUR is in charge of the promotion, selection, training and equipment of the micro-enterprise personnel, the municipality of the district is in charge of collecting payment for the services rendered. The success of the system rests on the management capabilities of the micro-enterprise workers and on the harmonious relationship with the population and the local government.

d) Another NGO, the ALTERNATIVA Social Research and Popular Education Centre, has also established refuse collection systems through regional cleaning cooperatives and it is preparing projects for compost production and sanitary manual micro-landfills.

The objective of the Compost Elaboration Plant is to offer to municipalities an alternative system of management and treatment of commercial organic waste, as well as to induce the creation of a micro-enterprise which would be in charge of the compost plant, thus bringing profit to the different local markets and, at the same time, treating

approximately 7.5 tonnes of organic waste daily (from which 2.5 tonnes of compost, useful to fertilize and enrich soils, will be obtained).

The aim of the Manual Sanitary Micro-landfills Project is to give final treatment to the wastes of different neighbourhoods (separating inorganic elements suitable for industrial recycling, marketed to intermediaries) thus reducing transport costs, generating employment and saving time to broaden the services provided.

e) There are also some experiences in Brazil which should be underscored given their relationship with urban agriculture activities.

- o In the city of Londrina, in Southern Brazil, the members of a small neighbourhood organization (called Democracia y Libertad [Democracy and Freedom]) started communal work on vegetable production not only due to the scantness of financial resources and the lack of permanent employment, but mainly due to the scarcity of available land belonging to them. They started the communal work on vegetable production after encountering many problems in order to obtain available space for the production intended.

- o The electricity utility (CESP) of Sao Paulo, Brazil, has been working, during the last few years, on the construction and testing of small digesters -for the improvement of organic fertilizers and the utilization, as well, of biogas and bio-fertilizers) which can be easily managed by rural and urban agriculturists, and thus contribute to ease agricultural work.

f) There are also many experiences in Argentina, as is the case of the improvement of nonfertile soils through household wastes used as manure and fertilizer, carried out in Buenos Aires (Argentina) through an institution called the Club de Hornero which has succeeded in accounting for both technical and agronomic aspects.

g) The last topic to be addressed refers to the interinstitutional degree of coordination and networking obtainable within the different facets of urban agriculture. Such is the case of the INTA (Instituto Nacional de Tecnología Agropecuaria or National Institute for Agricultural and Livestock Technology) in Argentina, where it was successfully obtained, for the production of vegetables, the cooperation and involvement of various specialized organizations (governmental and nongovernmental) such as universities, technical schools, Ministry of Agriculture, Ministry of Health, different municipalities and others, in

the training and technical education of low-income families involved in vegetable production. At the present time, this work has benefited over 75,887 people, out of which there were 7,366 living in communities, 17,720 school children and 50,831 family members. Twenty per cent of the beneficiaries are employees, 34 % are self-employed, 8 % are small producers, 5 % are workmen, 20 % are journeymen, and the rest (9 %) are retired people and unemployed. There is a total of 10,414 family vegetable gardens, 673 school vegetable gardens and 180 communal ones distributed through 12 provinces in Argentina.

To conclude, there is scant or limited publication of experiences on urban work and there is almost nonexistent linkage and coordination between these works. In general, the scope of the work is limited to its region or vicinity without the experience reaching beyond. One of the reasons contributing to this problem is the lack of systematization of the results obtained and its dissemination through publications, workshops, etc.

1.3. Underscoring some aspects

From the analysis so far, we can say that:

- a) Urban agricultural systems implemented for the most part in Latin American countries, are usually activities undertaken by populations of scarce economic resources, characterized by not having permanent employment or agricultural training.
- b) These activities represent some support to family consumption/nutrition, and a relatively significant level of economic backing to the overall family income.
- c) Most of the cases studied involved specialized activities related to the production of small volumes of certain products (thus increasing production costs). They have not achieved sufficient product diversification, needed to compete in a marketplace characterized by a high supply-demand competition and free determination of prices.
- d) Problems are also encountered with the marketing of the agricultural products, because deliveries are not made at specified times, there are no refrigeration systems, and the transportation prices represent a very high cost in the overall selling prices.

- e) Also, there are also problems related to suitable agricultural lands, given that urban congestion, in some cases, and the incorrect use of available lands, preclude their use.
- f) There are problems with the availability of water suitable for irrigation purposes, due to their high contamination levels.
- g) There is no technological package suitable for each medium or region, which the beneficiaries could manage by themselves.
- h) As a general rule, the agricultural systems of the vegetable gardens accumulate an excessive number of beneficiaries with the corresponding dilution of the benefits obtained.
- i) The training provided to the beneficiaries, with some exceptions, is not comprehensive, as it does not touch upon subjects such as accounting, administration, marketing, etc. all of which impinge on the final results.
- j) The overall support provided to these activities is very limited, and, in general, it is provided by NGOs, with little participation by the state, and with practically no credit facilities, technological transfer, etc. For this reason, these activities ought to be handled not as isolated projects but as a broad and comprehensive programme, in which national and international organizations could participate.
- k) Experiences regarding work on waste recycling are almost nonexistent or very localized, the theory and practice behind this principle not having been widely disseminated.
- l) Several Latin American experiences could be extrapolated and suggested for the African situation, but two of them figure very prominently because of their greater applicability:
 - 1) Firstly, to carry out work in COORDINATION with other institutions or organisms:
 - o With government agencies, to technically support the use of fertilizers, seeds, amelioration of the water infrastructure, the mobilization of popular

organizations and training campaigns for dissemination of information and financing of these activities.

- With municipal governments, to logistically support the securing of resources, such as available land and water, to carry out experiments in the marketing of products, the legal defense of communal lands used in urban agriculture and the creation and implementation of an environmental defense code.
 - With international cooperation agencies, to obtain not only the necessary financing but also to have access to all other opportunities they create, A very clear example is the one referring to charitable organizations belonging to churches which have popular soup kitchens; these soup kitchens could buy urban agricultural products as they would from a regular supply source. Also, there should be coordination with those agencies which distribute donated food: through internal monetization programmes, the agencies buy nationally produced food to distribute it as donated victuals.
 - Lastly, with the various national and international NGO's, to avoid the repetition of experiences already carried out or avert committing the same mistakes; to exchange information, establish major contacts, transfer appropriate technologies, etc..
- 2) It is necessary to search for the greatest **DIVERSIFICATION** possible in the agricultural production carried out in urban agriculture works; the objective of this production would be to obtain the largest possible monetary earnings for the beneficiaries, but also the aim should be to **MINIMIZE** production **RISKS** and demand market price instability.
 - 3) Production **QUALITY** must be emphasized because this will determine the market demand of urban agricultural products in the ensuing competition with the rural agricultural production.
 - 4) Finally, agricultural techniques which are **LABOUR-INTENSIVE** should be stressed, since African and Latin American countries are characterized by great unemployment and a work force with little training, as well as by scant financial support; there is need for greater training-technification of the work

force and lower financial costs since capital is the lesser available resource.

2. APPRAISAL OF RESEARCH CAPACITY

2.1. Institutions directly committed

The following is a short list of organizations and institutions carrying out activities related to urban agriculture in Latin America. Most probably, it is incomplete, although we believe it includes some of the more important entities.

ARGENTINA

- **CENTRO DE ESTUDIOS URBANOS Y REGIONALES (CEUR)**
(Centre for Urban and Regional Studies)
Av. Corrientes 2835 Cuerpo "A" 7° piso
1193. Buenos Aires.

CEUR performs social analysis and research, issues publications and it has contacts with local and national authorities. **Contact:** Pablo Gutman

- **CLUB DEL HORNERO**
(Baker Bird's Club)
Av. Corrientes 2835 Cuerpo "A" 6° Piso
1193 Buenos Aires

The Baker Bird's Club works on studies to improve infertile soils by means of household wastes. **Contact:** Jaime Nisnovich

- **VERDE ESPERANZA**
(Green Hope)
Virrey Arredondo 2652
Capital Federal

Operates vegetable gardens worked on by youths and children.
Contact: Ángela Alvarez

Solidarity Ltd. works with greenhouses, microclimate tunnels and open air vegetable gardens with low-income families from the urban periphery.

Contact: Prof. Ernesto Valdes

- **"GREGORIA APAZA" Centre for the Promotion of Women**
Calle Eulert 215 - Villa 16 de Julio
Casilla 12571 - LA PAZ (El Alto)

The organization "Gregoria Apaza" basically works with women of the city's marginal areas. The community vegetable gardens are outstanding among the different activities carried out by this organization.

Contact: Lic. Diana Urioste (Director)

- **CENTRO DE INFORMACION Y DESARROLLO DE LA MUJER (CIDEM)**
(Women Information and Development Centre)
Calle Aspiazu 736
Casilla Correo 14036
FAX (591) (2) (37.42.61)
LA PAZ

CIDEM basically works with women in different work areas, one of which is forestry production and vegetable gardens. **Contact:** Ximena Machicado

CHILE

- **CORPORACION DE DESARROLLO SOLIDARIO (CODESOL)**
(Corporation for Solidary Development)
SANTIAGO - Chile

CODESOL works in support of the production of hydro-vegetable gardens in the poor districts of Santiago, providing technological support. It maintains links with the Catholic University, La Serena University and the Ministry of Agriculture.

- **CENTRO PARA LA GESTION TECNOLOGICA POPULAR (CETEP)**
(Centre for Popular Technology Management)
Venezuela (Barquisimeto)

CETEP supports popular organizations in the search for and application of simple and appropriate technologies as to improve the quality of life of poor families.

- **PROGRAMA DE ECONOMIA DEL TRABAJO (PET)**
(Work Economics Program)
Academia del Humanismo Cristiano
Catedral 1063 - 6° Piso
Santiago - Chile

PET works in socioeconomic research and also provides technical training to marginal and impoverished sectors. **Contact:** Mariana Schkilnik

PERU

- **CIUDAD (City)**
Bronsino 119- of 301, San Borja - Lima
Telephone 37.65.25
Fax 42.17.66

This is an NGO which works on projects dealing with urban vegetable gardens and wastes recycling. **Contact:** Jorge Burga

- **ALTERNATIVA (Alternative)**
Emeterio Perez 348 Urb.Ingeniería
San Martin de Porres - Lima
Telephone 81.58.01
Fax: 81.68.26

ALTERNATIVE works in the field of vegetable gardens and solid and liquid wastes recycling. **Contact:** Josefina Huamán (Director)

- **CIPUR**
Baltazar La Torre 570 - Lima 27
Telephone 40.91.61
Fax: 40.79.82

CIPUR is another NGO working in the fields of urban agriculture and wastes

recycling in Peru. **Contact:** Jorge Ruiz de Sommocurcio (Director)

- **GUAMAN POMA**
Apartado 627 - Cuzco
Telephone: 23.59.31
Fax: 22.55.52

Guamán Poma is a NGO working in the Cuzco region in community vegetable gardens and in wastes recycling. **Contact:** José María Gómez G. (Director)

MEXICO

- **GRUPO DE ALTERNATIVAS TECNOLOGICAS (GAT)**
(Technological Alternatives Group)

GAT is an institution providing advisory services and technological training to families of scant economic means in the field of growing vegetables.

- **PROMOCION DEL DESARROLLO POPULAR A.C. (PDP)**
(Promotion of Popular Development)

Tlaloc 40 - 3
11370 Mexico, D.F.

PDP supports the socioeconomic development of marginal population sectors, through productive and self-building projects. **Contact:** Luis Lopez LI.

COLOMBIA

- **ENDA - COLOMBIA**
A.A. 091369 Bogotá

ENDA supports harvesting and energy generation in marginal neighbourhoods. **Contact:** Jean Jacques Guibert.

- **ASOCIACION DE PRODUCTORAS DE HIDROVERDURAS DE JERUSALEN**
(APROHIJE) (Hydroponic Producers' Association of Jerusalem)

APROHIJE is the foremost Latin American institution devoted to the development of small-scale hydroponics based on commercial fertilizers and chemicals. It has carried out projects in close cooperation with the Municipality of Bogota and the Social Foundation of Colombia.

BRAZIL

- **DEMOCRACIA Y LIBERTAD**
(Democracy and Freedom)
Zona de Cambé - Ciudad de Londrina
(City located in Southern Brazil)

Democracy and Freedom is a neighbourhood organization, which at the beginning worked with one community vegetable garden; today, it has extended its activities to 14 additional vegetable gardens to grow produce. It also works on the recovery of municipal lands and in water use and recycling (sources and lagoons). This neighbourhood group receives support from the municipality and UNICEF.

2.2. Institutions/organizations possible linked to urban agriculture

ARGENTINA

- **CARITAS ARGENTINA** (social assistance)
- **MUNICIPALITIES** Buenos Aires, Río Negro, Rosario (logistical support)
- **Ministry of Education** (education)
- **Ministry of Agriculture** (technical training)
- **Ministry of Health and Social Action** (education)
- **NGO - MADRE TIERRA (Mother Earth)**
- **RETURN TO THE LAND PROGRAMME (In Mendoza)**
- **Agronomic University of Buenos Aires** (technical support)
- **National Technical Education School (In San Juan)** (technical support)

BOLIVIA

- **CARITAS BOLIVIA** (social assistance)
- **ADRA - OFASA** (social assistance)
- **Bolivian Centre for Information and**

- Educational Action (CEBIAE) (technical support and training)
- Ministry of Health and Social Welfare (health support and nutrition)
- Ministry of Education and Culture (education)
- UNICEF (technical and financial support)
- Honorables Municipalities (forestral technical support)
- RICCERCA COOPERAZIONE (technical Assistance)
- Promotion and Education Experiences Association (AIPE) (nutritional institutions)
- Environmental Fund (technical support)

CHILE

- University of Chile (technical support)
- Catholic University (technical support)
- PNUD (technical and financial support)
- Solidarity & Social Investment Fund (FOSIS) (financial support)
- La Serena University (technical research)
- Ministry of Agriculture and Irrigation Directorate

PERU

- CELADEC (NGO) (training support)
- International Potato Centre (technical support)

COLOMBIA

- Apprenticeship National Service (SENA) (training)
- Social Welfare Department of Bogota (nutritional health)

3. FUTURE RESEARCH OPPORTUNITIES

Brief comments

The Latin American experiences in popular hydroponics, solid waste recycling, water treatment, rural digester and biogas and bio-fertilizers utilization are widely scattered regionally, and have been supported, encouraged and sponsored by different

institutions at various times.

Popular hydroponics have been initially implemented in Bogota, Colombia, with the technical support of a PNUD (Regional Project for Surmounting Poverty). This project demonstrated the Popular Hydroponics possibilities in water, air and substrates as applied in those social sectors of low economic means. Popular hydroponics were mainly administered by women (90 % of the total); this is a low investment economic activity with low input costs, which does not require large spaces, heavy nutrients or concentrated input, but which does necessitates continuous technical support.

Although this is an activity demanding individual responsibility, it unifies the family since parents and children participate equally in the production process. Hydroponic production has not only increased and diversified food consumption but has also generated income through the marketing of products.

Solid waste recycling has been vigorously experimented in the Lima, Peru, suburban areas, by the ALTERNATIVA and CIPUR institutions. This work has been described. It receives some modest support from a few national institutions (municipalities, universities, churches), plus some financial assistance from Dutch NGOs, such as CEBEMO, which back this type of work.

The Planta de Celulosa Forestal e Industrial de Santa Fé (the Santa Fe Forestal and Industrial Cellulose Plant) in Santiago de Chile, is one of the greatest success stories in water treatment. The Bío-Bío river, from the river-head to its sea embouchure, runs over 300 km through human settlements, small mining buddles, industrial complexes and other areas which discharge all types of contaminants and refuse in ever increasing proportions. To make the cellulose plant located at the river watershed of the Bío-Bío compatible with the use of its waters, the Santa Fe Plan has entered into an agreement with the University of Concepción to baseline study the contamination, assess future impacts, monitor these and make appropriate recommendations.

The results of this study are forcing the company to carry out further studies in the design and construction of a water treatment system (effluent neutralization and subsequent fibre decantation in a clarifier) to guarantee the appropriate minimum quality conditions for water use.

There are very few studies and research on the impact of urban agriculture on

urban families; this impact has been studied by some research centres, such as UNITAS en La Paz, Bolivia (see the studies carried out by Julio Prudencio), CEUR in Buenos Aires, Argentina (see particularly the work carried out by S. Finquievelich) and, to a lesser extent, the work of Luz Cereceda and Max Cifuentes in Chile (specially the paper: *What do the poor eat? Eating patterns, shopping strategies and survival mechanisms*). These studies were carried out from different viewpoints: type, survival strategies of poor families, women, energy and environment.

Sectors involved in the different processes mentioned (water recycling, hydroponic production, etc.) are different actors (researchers, NGOs, private enterprises, international organizations and even state-owned companies) and, support is provided by various organizations, such as the PNUD-NNUU, the Dutch government through Dutch NGOs, etc..

Any intervention on the different aspects of urban agriculture (organic waste recycling for fertilizer use, water treatment, hydroponic production, improvement of infertile soils, etc.) should seek the collaboration of sponsoring financial and technical institutions (PNUD, Dutch cooperation agencies, etc.), government organisms such as municipalities, prefectures and, if possible, ministries with the relevant technical expertise/jurisdiction.

From the analysis of experiences, situations and challenges of urban agriculture implemented by low-income populations of different Latin American countries, some points emerge which should be considered in future urban agricultural applied research.

3.1. Water recycling systems

Research problem:

Many Latin American cities have, characteristically, a series of underground² and above ground creeks and rivers (for example, Lima, La Paz, Santiago) which crisscross the whole city carrying waters that are utilized for different purposes, whether to carry solid wastes, garbage or even dead animals; these waters are not only used in the urban production of vegetables and other products grown through urban agriculture, but for the self-construction of homes, to wash laundry (as an occupation in which housewives engage to obtain some economic revenue) and even for direct human consumption, or in preparing meals, or as drinking water for the different animals these low-income families

raise.

This situation, common to several Latin American cities, is the causal agent of permanent cholera breakups, and confirms that most of the sewage waters carried by rivers passing through most of those cities are carriers of the *Vibrio colerae*.

Faced with this situation, governments have developed some courses of action to control these epidemics and eliminate contaminants, in view of the impact these have upon the nutritional health of the population, on the production of fresh produce and even upon their export trade.

In just a few days, many hectares of agricultural lands in several Latin American cities, which until then had been traditionally worked by urban farmers or by farmers exploiting their fields in the periphery of urban areas, and who had been irrigating with waters from contaminated rivers, have been either destroyed or taken out of production. Similarly, many people have died from cholera and hundreds of thousands are under intensive care, all of them contaminated by the consumption of agricultural produce.

Despite the ongoing programs to sensitize the population to the dangers of using these contaminated waters, nothing has been achieved until now because there has not been an alteration of the situation since no structural solutions are offered, and, above all, because the low-income population lack material resources which would enable them not to use or to stop using contaminated waters or to consume products irrigated with them.

Objective:

a) research, analyze and build water treatment systems to recycle water to make it fit for human consumption, for the preparation of meals, and for urban agricultural production;

b) subsequently, research, analyze and build monitoring systems for the conditions of rivers to satisfactorily ascertain water status.

Implementation:

Several steps must be taken in order to implement the previously stated objective.

Firstly, preliminary analysis must be undertaken on the actual contamination of rivers, not only in points where tributaries discharge their waters, but in areas of eventual dissemination of pollutants, as well as in the areas preceding the said discharges. This will enable to determine the basic level of pollutants carried by rivers and their impact upon wildlife so as to monitor and correct any critical situation. Also, basic contamination parameters and projections of their future impact should be developed. A water treatment plant system for subsequent fibre decantation in a classifier should be built.

The second step, following a monitoring period, will be useful for treatment according to the needs detected after relevant monitoring.

Urban agriculture can fulfil a significant role in the recycling of organic residues from the water, as these residues are good fertilizers once the pathogens are removed. However, research must be undertaken to define the level and type of solution which is admissible, bearing in mind the type of urban produce grown.

3.2. Popular hydroponics³

Research problem:

One of the main obstacles affecting urban agriculture as practised by low-income families in Latin American countries is water contamination; this problem has been explained in depth in the previous section. Other problems include: scarcity of land or spaces suitable for urban agriculture (due to increasing rural-urban migration, urban congestion and high demographic density), exhaustion or waste of current agricultural urban lands (due to overexploitation), or to the long distances where other suitable, unutilized, farming lands are located.

Objectives:

a) to determine the social, economic, agronomic and marketing feasibility of producing vegetables, either as a group of products or individually, by popular hydroponic principles applied by low-income population in urban and semi-urban areas;

b) to formulate a Popular Regional/National Hydroponics Program able to articulate, support and promote over the long term the efforts and activities of the different

institutions which are participating in the said programme.

Implementation:

Hydroponics is a farming method based on aerated water or substrates saturated with nutrient solutions, requiring several steps for its correct implementation.

- Education and training in hydroponics techniques, together with reference material and measuring devices.
- Training in adapting the technology to the physical and climatic conditions of each city/region where the project would be installed, and to the characteristics of products consumed at each locality.
- To promote in each region a minimum basic knowledge to motivate the interest of urban farmers in the hydroponics technique to then be able to detect and formulate specific projects.
- Preparation of massive dissemination popular hydroponics programs (by establishing demonstration vegetable gardens at the institutional and group levels) basically leading to the alimentary self-sufficiency of low-income families.
- Support and follow-up experiences based on models adapted from other countries.
- Joint work among international institutions (PNUD), governments, NGOs and associations of producers to achieve better operational results.

In synthesis, it can be said that to become an efficient hydroponics producer requires knowledge on the part of the user, technical assistance enabling to identify optimum nutrients (inputs), to adapt traditional products to the hydroponics technique, and to identify solutions to physiological, environmental, health and other problems.

Similarly, hydroponics is an activity in which all members of low-income families can participate, without requiring large free spaces, and with definite nutritional and economic benefits for the household should some of the products be sold, with the added possibility of feeding (with food wastes) small domestic animals raised in the household. Water recycling and popular hydroponics are closely interconnected with improving the environment and with achieving sustainable development.

3.3. Impact of urban agriculture upon the urban family

To supplement the applied research on waste and water treatment and Popular

hydroponics, socioeconomic research is suggested on the impact of urban agriculture at the micro family level. Although this activity has been broadly disseminated in the cities⁴, particularly among low-income families, there is a series of questions to which no answer has been forthcoming, namely:

- What urban agricultural system is the most advantageous for the families?
- When implementing urban agriculture, what are the main problems?
 - in marketing the products?
 - in organization/administration?
 - in production?
 - in availability of technology?
 - in training?
- What are the benefits of urban agriculture for the family?
 - in terms of consumption/nutrition?
 - in terms of contributing to the alimentary sufficiency of the family?
 - in terms of income-expenditures of the family?
 - in agronomic terms?
 - in social terms?
 - in terms of time invested?
- What productivity levels are achievable with urban agriculture?
- What recycling levels of solid and liquid wastes are achieved?
- What support is given to this activity in terms of credits, technical assistance, technological transfer, etc. from NGOs, state institutions and international institutions?

Socioeconomic research can be undertaken in several Latin American cities, considering different agricultural production systems used by low-income families, to accurately determine real impact upon the family in terms of consumption/nutrition, income and expenditures, use of family labour (especially the role played by women); supplies to urban food markets, and yields achieved in the cities.

The elaboration of a common research protocol for a multiple-country study is recommended; this would ensure comparable results, and a method to specify areas requiring more support than others.

NOTES

1. Although there are other more sophisticated products, such as mushrooms, broccoli, strawberries and others, these are produced by farmers with greater technical knowledge and economic means (water, land, etc.).
2. For example, the city of La Paz is crisscrossed North-South and East-West by more than 200 underground creeks and rivers.
3. Although hydroponics is known throughout the world, it is not generally known or practised in Latin America, with the exception of Colombia and some small regions in Central America where it is being promoted with excellent results.
4. There are several studies on this topic, although with different approaches and perspectives.

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